In Memorium



A Tribute to Osman Galal, MD PhD*

(1931 - May 23rd 2016)

Osman Galal, a paediatrician and public health nutritionist, crossed many of the disciplinary, professional, personal, national and cultural boundaries required for leadership and progress in the health and nutritional sciences through his academic and organisational roles. It was possible to learn and admire the values of a life like his as he, as IUNS Secretary-General from 1997-2009, not only championed the Union far and wide, but mentored and supported people like me over the many years of his tenure. In my case, this was first as a Councillor, then as IUNS President-Elect, as President and Past President. IUNS prospered in several ways during his service. It expanded its constituency in Africa and the Middle East, and it instigated leadership and capacity-building programs in these regions (Galal, 2003). One of special significance was a joint IUNS-World Bank project in Iran, linking the food, nutrition, education and health sectors, particularly in Tehran and Rasht. It served as a model for ways in which IUNS could operationalise its science. IUNS strengthened its International Science Council (ICSU) relationships through this period, as it did with the UN System Standing Committee on Nutrition (SCN) so that IUNS gained greater international recognition as the principal nutrition science reference agency. The Sciences for Health and Wellbeing initiative (SHWB) became current in the 2001-2005 period and now, with an urban focus, is a major program with its secretariat in China at the Institute for the Urban Environment in Xiamen. In a similar vein, the New Nutrition Science initiative was spawned in Giessen in 2005. These and other developments had the unswerving attention of the Secretary-General. Osman's passing within a year of his partner, Professor Gail Harrison, is a statement of how their synergistic commitment to the science and community that they cared about so passionately was realised. Some places in our lives are irreplaceable - theirs is one such.

Mark L Wahlqvist AO IUNS President 2001-2005

Reference

Galal Osman (2003). Nutrition-related health patterns in the Middle East. *Asia Pac J Clin Nutr* 12(3): 337-43.

• This article was previously published in the IUNS newsletter, September 2016. Republished with permission in the April issue of *Malaysian Journal of Nutrition*, Vol 23 No1, 2017.

UPCOMING CONFERENCES

2017

International Conference on Nutrition in Medicine July 28-29, Washington DC, USA *https://www.pcrm.org/icnm*2017

14th International Congress on International Epidemiology and Malnutrition August 28-30, Toronto, Canada *http://malnutriton.conferenceseries.com*

5th World Congress on Controversies, Debates and Consensus in Bone, Muscle and joint Diseases August 31-September 2, Gold Coast, Australia

August 31-September 2, Gold Coast, Austra www.bmjd-congress.org

19th International Conference on Behavioral Nutrition and Physical Activity August 30-31, Bangkok, Thailand *http://waset.org/conference/2017/08/bangkok/ICBNPA*

15th International Conference on Sports Nutrition and Supplements September 13-14, San Antonio, USA *sportsnutrition@nutritionalconference.com*

XV International Conference on Food Science and Biotechnology October 4-5, Lisbon Portugal http://waset.org/conference/2017/10/lisbon/ICFSB

21st International Congress of Nutrition

October 22-27, Buenos Aires, Argentina www.iuns-icn2017.com

10th Asia Pacific Conference on Clinical Nutrition November 26-29, Adelaide, Australia *http://apccn2017.com*

2018

19th International Congress on Health and Nutrition February 19-21, Paris, France

http://health.nutritionalconference.com/

International Society for Behavioral Nutrition and Physical Activity 2018 Annual Meeting June 3-6, Hong Kong *https://www.isbnpa.org*

Malaysian Journal of Nutrition

Guidelines for submitting manuscripts

The **Malaysian Journal of Nutrition** welcomes manuscripts on all aspects of nutrition in the form of original articles, review articles, case-reports, short communications, book reviews and letters to the Editor. In order to avoid delays in publication, authors are advised to adhere closely to the instructions below.

All materials submitted for publication are assumed to be submitted exclusively to the Malaysian Journal of Nutrition (MJN) unless the contrary is stated.

Manuscripts must be submitted in English (British English). All manuscripts submitted must be original and must be submitted in an electronic format to the Editor (*khor.geoklin@gmail.com*)

MANUSCRIPT PREPARATION

The manuscript must adhere to the following guidelines before it is considered eligible for review. The manuscript must be arranged as follows: title page, abstract, text, references, tables and figures submitted in one document and not as separate sections.

Manuscripts should be typed on 12-point font Times New Roman, double-spaced with a margin of 2.5 cm on all sides.

The title page should state the title of the manuscript, full first name and surname of each author, authors' departments and institutions, city and country. Also enclose the complete postal address, telephone number, fax number and e-mail address of the author who will be responsible for all correspondences regarding the manuscript.

An abstract not exceeding 250 words in length should be provided on a page of its own. Make sure the title of the manuscript is included in the Abstract page. Do not include names and other details of author(s) on the Abstract page.

The abstract is divided into the following headings: Introduction (purposes of the study), Methods (study design, analytical methods), Results (specific data), and Conclusion (key aspects derived from the study).

Below the abstract, provide and identify five keywords or short phrases that will assist in crossindexing the article.

Introduction, Results, Discussion, Acknowledgements and References should follow. Total number of words should not exceed 4500 excluding the Abstract and References.

Authors should state the authority which gave ethics approval for the study.

Guidelines for Short Communication

(a) Total number of words should not exceed 2000

(b) References should be limited to 10

(c) No more than a total of two Tables/Figures

Conflicts of Interest

Authors should declare if they have any conflict of interest at the end of the article before References.

Citations and References

It is the authors' responsibility to check all references very carefully for accuracy and completeness. In the text, references are cited by the surname(s) of the author(s) and year of publication parenthetically at the appropriate place. Three authors appear in full on first citation, e.g. Bray, Whipp & Koyal (1994), but subsequently as Bray *et al.* (1994). For four or more authors, indicate the first author followed by *et al.* Total number of references should not exceed 30 except for Review Papers

In the Reference section, list the references in alphabetical order. For each reference, all authors' names should be included. Examples of correct forms of references are given below:

1. Articles in Journal

Mostafa Kamal SM & Md Aynul Islam (2010). Socio-economic correlates of malnutrition among married women in Bangladesh. Mal J Nutr 16(3): 349 – 359.

Blasbalg TL, Hibbeln JR, Ramsden CE, Majchrzak SF & Rawlings RR (2011). Changes in consumption of omega-3 and omega-6 fatty acids in the United States during the 20th century Am J Clin Nutr 93: 950-962.

2. Books and Monographs

de Benoist B, McLean E, Egli I & Cogswell ME (eds) (2008). Worldwide Prevalence of Anaemia 1993-2005: WHO Global Database on Anaemia. WHO Press, Geneva.

Institute of Medicine (2010). Dietary Reference Intakes for Calcium and Vitamin D. Ross AC, Taylor CL, Yaktine AL & Del Valle HB (eds). National Academy of Sciences, Washington, DC.

3. Online Sources

Bischoff, SC (2011). Gut health: a new objective in medicine? BMC Medicine 2011, 9:24. From http://www.biomedcentral.com. [Retrieved April 25 2011].

Landsberger, J (no date). In: Study Guides and Strategies. From *http://www.studygs.net/citation.htm*. [Retrieved Feb 15 2010].

Potential Reviewers

Authors are required to provide 3 suitable reviewers with designations, affiliations and email addresses. All reviewers should not be from any of the authors' own institutions and at least one referee should be from an outside country of the corresponding author. It is at the editor's discretion to use the recommended reviewers.

Tables and Illustrations

Each table should be typed double-spaced on a separate sheet of paper. Tables should be numbered consecutively and should be completely labeled so as to be comprehensible without reference to the text. Omit internal vertical lines.

All illustrations and diagrams should be referred to as figures and numbered consecutively. Each illustration should be on a separate sheet of paper. Submit good quality original or glossy prints for direct reproduction. Photocopies of illustrations are not acceptable.

Arabic numerals should be used when numbering tables and illustrations. Total number of tables and illustrations should not exceed five with the exception of Review Papers

Place Tables and Figures at the end of the text after the References. Please ensure that the tables drawn up can be copyfitted into a page of the journal.

Units and Abbreviations

All measurements should be reported using the metric system. Explain any abbreviations unless immediately obvious.

For viewing current and past issues of the Malaysian Journal of Nutrition, refer to: *http://www.nutriweb.org.my*

Editorial correspondence should be addressed to:

Professor Emeritus Khor Geok Lin PhD FASc The Editor Malaysian Journal of Nutrition

Email: khor.geoklin@gmail.com

Subscriptions

Malaysian Journal of Nutrition is published three times in a year, in April, August and December.

Please enter my subscription to Malaysian Journal of Nutrition, volume ____

Subscription rates per year

	Malaysia	Other countries*
Individual	RM 50.00	USD 50.00
Institution	RM 100.00	USD 100.00
* Please add USD5.00 per issue for airmail surcharge		

Method of Payment

Cheques (Malaysia only) or bank drafts should be made payable to **Nutrition Society of Malaysia** and addressed to:

Hon. Treasurer Nutrition Society of Malaysia c/o Department of Nutrition and Dietetics Faculty of Medicine and Health Sciences Universiti Putra Malaysia 43400 UPM Serdang, Selangor, Malaysia

© Nutrition Society of Malaysia 2017

Printed by

Selangor Printing Company 2 & 4 Jalan PBS 14/11 Taman Perindustrian Bukit Serdand 43300 Seri Kembangaan, Kuala Lumpur